

Preliminary conference programme for the First Africa Positive Psychology Conference, 2018

04 April 2018, Wednesday: Pre-conference workshops						
8h00 – 18h00 Registration desk is open for the whole day						
	Pre-conference workshops track 1		Pre-conference workshops track 2		Pre-conference workshops track 3	
Morning	8h30 – 12h30	Emerging Scientist pre-conference workshop Antonella Delle Fave & Silvia Koller	8h30 – 12h30	Strategies to promote eudaimonic well-being across the life span: From childhood to older age Chiara Ruini	8h30 – 12h30	Promoting sustainable, global and positive peace in everyday life: the role of participatory methods for community-based programs Luis Miguel Neto & Helana Marujo
Lunch	12h30 – 13h30	Lunch	12h30 – 13h30		12h30 – 13h30	
Afternoon	13h30 – 17h30	Data analysis with Mplus: A gentle introduction Ian Rothmann	13h30 – 17h30	Ethics pre-conference workshop: The Psychology of “Bad”: Making Ethical Decisions in the Presence of Social Forces (will be accredited for ethics CEUs at the HPCSA) Paul Vorster	13h30 – 17h30	(Continues from morning session): Promoting sustainable, global and positive peace in everyday life: the role of participatory methods for community-based programs Luis Miguel Neto & Helana Marujo
Evening	18h00 – 21h00	Welcome ceremony and Cocktail function				

05 April 2018 (Thursday)					
Track	Time	Activity			
	8h00 – 8h30	Arrive and register / tea			
1	8h30 – 9h15	Keynote address Antonella Delle Fave The heuristic potential of interconnectedness models in well-being research			
	9h15 – 9h30	Delegates move between venues			
2	9h30 – 10h45	In-conference workshop: Towards positive organisations: Essential behaviors for “Vital leadership” in diverse contexts Tertia Havenga	Paper presentation session 1 Well-being of young people and in education contexts (Chair: Kitching)	Paper presentation session 2 Measurement in Positive Psychology (Chair: Du Plessis)	Invited round-table discussion:
			Yvonne Matlala Health Professional Council South Africa (HPCSA) Enhancement of learner’s educational, psycho-social and emotional well-being in informal settlement school from well-being perspective	Lusilda Schutte1 Marie P. Wissing1 North-West University, South Africa1 The dimensionality of positive mental health: A person-centred approach	Cilas Wilders & Manfred Janik Is there a need for positive psychological intervention in Namibia?
			Ansie Elizabeth Kitching North- West University South Africa Ansie.Kitching@nwu.ac.za The promotion of holistic wellbeing in South African schools: Proposing a way forward	Kleinjan Redelinghuys1 Sebastiaan Rothmann1; Elrie Botha1 North-West University, South Africa; Optentia Research Focus Area1 Feeling and functioning well: A comparison between two versions of the Flourishing-at-Work Scale	
		Henry Mason Tshwane University of Technology Enhancing the first-year experience: a case for strengths mentoring	Petrus Nel1 Dr. Marieta du Plessis2 University of the Free State, South Africa, Department of Industrial Psychology1; University of the Western Cape, Department of Industrial Psychology2		

				Psychometric Properties of the Authentic Leadership Questionnaire: Evidence from a South African Sample		
	10h45 – 11h15	Tea Break				
3	11h15 – 12h30	Paper presentation session 3: Music and well-being promotion (Chair: Cruywagen)	Paper presentation session 4: Posttraumatic growth (Chair: Chukwuorji)	Paper presentation session 5: Resilience and grit (Chair: Appiah)	Invited Speaker X2	
		Tammy Aslett North-West University, South Africa Exploring lived experiences of music listening among rugby players	JohnBosco Chukwuorji1 Chuka Mike Ifeagwazi1; John E. Eze1 Univesrsity of Nigeria, Nsukka1 Mediating Roles of Deliberate and Intrusive Rumination in Relationships of Event Centrality and Posttraumatic Growth	Tamlynn Jefferis1,2 Linda Theron2,3 North-West University, South Africa, Faculty of Health Sciences1; Optentia Research Programme2; University of Pretoria, South Africa3 Promoting resilience among Sesotho-speaking adolescent girls: Lessons for South African teachers		1. Marié P. Wissing Embracing well-being in diverse contexts: The third wave of positive psychology 2. Augustine Nwoye A Positive Psychological Theory of Marriage Development: An Africentric Perspective
		Sonja Cruywagen University of Pretoria, South Africa Flourishing with music: from music students to well-rounded musicians of the 21st century	Sean Abrahams University of Cape Town, South Africa, Residence Life Division Grit and Academic Performance in a South African Higher Education Residence Context	Richard Appiah; Professor Angela Ofori-Atta; Professor Dean Karlan; Professor Elizabeth Bradley Africa Unit for Transdisciplinary Health Research (AUTHeR), North-West University, South Africa1; University of Ghana2; Yale University3 Building Resilience and Productivity in Residents of Low-income Communities in Northern Ghana: A Cognitive-Behavioral Group Intervention		
Mignon van Vreden	Jane Victoria Volker1	Anja Botha1				

		North-West University, South Africa Singing and well-being in a junior primary school choir: An exploratory case study	Prof Gertie Pretorius1 University of Johannesburg, South Africa1 A study of posttraumatic growth with a narrative approach to Jes Foord's experience of rape	Lynette van der Merwe1 University of the Free State, South Africa1 Preclinical medical students' perceptions of resilience	
		Corlia Fourie North-West University, South Africa, Department of Music, MASARA Exploring the lived piano-playing experiences of older adults		Marica Pienaar1 Prof Johan Potgieter; Cornelia Schreck; Ilana Coetzee North-West University, South Africa1 <i>Affiliations needed for co-authors</i> Peer helpers' experience of participation in an adventure-based experiential learning programme: A grit perspective	
	12h30 – 13h30	Lunch			
4	13h30 – 14h30	Keynote address Linda Theron Adolescent pathways of resilience: African insights			
	14h30 – 14h45	People move between venues			
5	14h45 – 16h00	Paper presentation session 6: Strengths and subjective well-being (Chair: Fouché)	Paper presentation session 7: Hope in diverse contexts (Chair: Guse)	Paper presentation session 8: Culture and religion (Chair: Nwoye)	Invited Speaker X2
		Stefan Kruger WorkWell Research Unit, Faculty of Economic and Management Sciences, North-West University, South Africa Passionate motorcyclists: Happiness on full throttle	Mandie Boucher North-West University, South Africa The effect of using a Lego teaching aid on the hopefulness and self-efficacy of teachers	Augustine Nwoye University of KwaZulu-Natal, South Africa The positive psychology of African cultural practice: Ubuntu as an African psychology of encouragement	
		Leana Meiring	Avivit Cherrington	Collins Badu Agyemang	

		Human Sciences Research Council Making a case for strengths-based workplace wellness promotion initiatives in the South African context: A concept paper	Nelson Mandela University, South Africa Research as Hope-Intervention: Mobilising Hope in a South African Higher Education Context	Mavis Tetteh University of Professional Studies, Accra , Ghana Positive Psychology Brewed in the African Proverbial Pots: The Reflections of Ghanaian Paremiologists	Constructive Journalism: How positive psychology informs global media
		Julie McFarlane1 Tony Naidoo1 Stellenbosch University, South Africa1 Exploring the Subjective Well-being of Young Adult Peer Educators in a Resource-Constrained Context	Charles Magoba Muwonge1 Joseph Ssenyonga1; Diana Kwarikunda1 Mbarara University of Science and Technology1 Development and Validation of the Academic Hope Scale in the Ugandan Context	Vedhna Lalla North-West University, South Africa Understanding the complexities of women in leadership within the South African Indian community: A proposed conceptual Framework	
		Hayley Walker-Williams1 Prof Ansie Fouché1 North-West University, South Africa1 VIA signature strengths in a group of adult female survivors of childhood sexual abuse in South Africa	Monique Chalize Shaw1 Prof. Tharina Guse1 University of Johannesburg, South Africa1 The Role of Meaning in life in the relationship between hope and well-being	James Onyango Juma1 Dr. Danie du Toit1; Dr. Karen van der Merwe1 North-West University, South Africa1 The "Persona" Lives of African Roman Catholic priests	
	16h00-16h15	People move between venues			
6	16h15 – 17h30	Meet-the-Editor Session Editors: Antonella Delle Fave & Anthony Pillay Facilitator: Prof Marié Wissing		In-conference workshop: Christelle Liversage Working across Cultures: A positive intervention through inter-group dialogue	

06 April 2018 (Friday)		
Track	Time	Activity
	8h00 – 8h30	Arrive and register / tea

1	8h30 – 9h15	Keynote address Sahaya Selvam Character strengths in the African context: Attempts at conceptualisation, operationalisation, and interventions				
		Delegates move between venues				
2	9h30 – 10h45	In-conference workshop Jolize Joubert Solution Building in South African Correctional Centres: Applying Solution Focused Brief Therapy with Offenders	Paper presentation session 9: Workplace engagement and flourishing (Chair: Heyns)	Paper presentation session 10: Positive Psychology interventions (Chair: Guse)	Invited speaker x2	
			Marita Heyns ^{1,2} Werner Beukes ³ North-West University, South Africa ¹ ; Optentia Research Focus Area ² ; Lixil ³ Perceived customer value, organisational support and flourishing at work	Mariette Fourie ¹ Dr Vicki Koen ¹ North-West University, South Africa ¹ South African female prisoners' experiences of the Sycamore Tree project with strength-based activities	1. John Bosco Chika Chukwuorji Translation and validation of wellbeing assessment instruments in African context: Issues, challenges and opportunities 2. Dóra Guðrún Guðmundsdóttir Positive society – promoting wellbeing: A whole-of-society approach to promote health and wellbeing for all	
			Leon Jackson WorkWell Research Unit for Economic and Management Sciences, North-West University School of Business and Governance, North-West University, Potchefstroom, South Africa Job characteristics, job satisfaction and work engagement of employees in a municipality and provincial department in South Africa	Tharina Guse University of Johannesburg, South Africa Positive Psychology Interventions in an African context: A scope of the landscape and future directions		
			Sandiso Bazana Rhodes University, South Africa, Psychology Department “Healing the wounds of the past”: The role of Positive Psychology in the post-Apartheid South African workplace	Laura Weiss Dr Martijn A. H. Oude Voshaar; Prof. Dr Ernst T. Bohlmeijer; Prof. Dr Gerben J. Westerhof North-West University (NWU), Vaal Triangle Campus, Optentia Research Focus Area		

				University of Twente, Department of Psychology, Health and Technology An RCT on a Positive Psychology Intervention for Lonely People with Health Problems		
			Collins Badu Agyemang University of Professional Studies, Accra, Ghana The Light around our Emotional Suppressions and Woes: A Study of Some Ghanaian Media Practitioners	Johan Schoeman1 Marieta du Plessis2 Sea Everest International1; University of the Western Cape2 An evaluation of the effectiveness of a Positive leadership intervention		
	10h45 – 11h15	Tea Break				
3	11h15 – 12h30	Paper presentation session 11 Measurement in Positive Psychology (Chair: L Schutte)	Paper presentation session 12 Goals and Self-regulation (Chair: K Botha)	Paper presentation session 13 Well-being of youth in various contexts (Chair: Erasmus)	Invited Speaker X2	
		Amanda Cromhout1 Lusilda Schutte1; Marié P Wissing1 Africa Unit for Transdisciplinary Health Research (AUPeR), North-West University, South Africa1 Re-evaluating the factor structure of the Basic Psychological Needs Scale: Application of standard and bifactor ESEM	Annelize Bonthuys1 Karel Botha2; Anneke Stols3 Private Practice, Pretoria1; North-West University, School of Psychosocial Health2; Department of Research Support3 Prospective conceptual model of Tomatis® method effects on students' self-regulation	Marinda Harrell-Levy1 Ebony Ford1 The Pennsylvania State University (Brandywine)1 Black Youth Empowerment: The Role of Identity Style and Positive Psychology in Relationships with Adults	1. Alena Slezackova The power of hope: Psychosocial benefits of hope across the lifespan 2. Shazly Savahl	
		Jonathan Klapwijk1 Dr. Lusilda Schutte1; Prof. Marié Wissing1 Africa Unit for Transdisciplinary Health Research (AUPeR), North-West University, South Africa1	Sunelle Basson1 Karel Botha2; Wilma Breytenbach3 Clinical Psychologist, Tambo Memorial Hospital, Boksburg1; North-West University, School of Psychosocial Health2, Statistical Consultation Services3	Petro Erasmus North-West University, South Africa I and myself, I and you, I and others – Developing Hope through Group Projects in teaching Positive Psychology		

		klapwijkj@gmail.com Further validation of the Positive and Negative Affect Schedule: A bifactor exploratory structural equation modelling approach	The relationship between mindfulness and emotional regulation in emerging adulthood		
		Lusilda Schutte1 Marie P. Wissing1 Africa Unit for Transdisciplinary Health Research (AUPHeR), North-West University, South Africa1 Sensitivity of measurement of well-being across the spectrum: Do we measure what we think we measure?	Karel Botha North-West University, South Africa School of Psychosocial Health, NWU “Lagom” and adaptive self-regulation: a critical analysis	Kenalemag Nkwoji University of KwaZulu-Natal, South Africa Youth in conflict with the law: understanding the integration of psychology and film through Tsotsi	
		Erna van der Westhuizen1 Prof Marie Wissing1; Dr Lusilda Schutte1; Dr Christi Niesing1 Africa Unit for Transdisciplinary Health Research (AUPHeR), North-West University, South Africa1 Critical analysis of social impact measurement models		Izanelle Van Schalkwyk North-West University, South Africa Strengthening families: Challenges and strengths of mothers with substance-problems living in a high-risk community	
	12h30 – 13h30	Lunch			
4	13h30 – 14h30	Keynote address Silvia Koller			
	14h30 – 14h45	Delegates move between venues			
5	14h45 – 16h00	Invited In-conference workshop Frederik Crous Appreciative Inquiry	Paper presentation session 14: Positive and successful Family (Chair: Guse)	Paper presentation session 15: Ethics and leadership development: A well-being promotion perspective (Chair: Pule)	In-conference Workshop Avivit Cherrington

			<p>Simnikiwe Magqamfana¹ Sandiso Bazana¹ Rhodes University, South Africa¹ Absent father and psychological well-being of children: A Positive Psychology view into fatherhood in South Africa</p>	<p>Wesley Pieters¹ Clara Hasheela¹ University of Namibia¹ High workload and immoral/unethical behavior of leaders impact on exhaustion of police officers, Namibia</p>	<p>The Mmogo-method®: A visual data generation tool for exploring relational and group experiences</p>
		<p>Annemarie Scholtz¹ Dr Vicki Koen¹; Dr Tertia Oosthuizen¹ North-West University, South Africa¹ Exploring adult horse riders's perceptions of their communication with horses and how it translates to their communication with family</p>	<p>Anneke Scholtz JVR Psychometrics Ethical considerations in assessment within Positive Psychology</p>		
		<p>Marlize Bisschoff¹ Vicki Koen²; Elma. H. Ryke³ Private Practice¹; North West University, Mafikeng Campus², Potchefstroom Campus³ Strategies for work-family balance in a South African context</p>	<p>Neo Pule¹ Prof Michelle May² University of Pretoria, South Africa¹; UNISA² Mandela and Moses as containers of forgiveness and leadership: through a psychodynamic eye and a positive psychology lens</p>		
		<p>Jenny Dakers¹ Prof Tharina Guse¹ University of Johannesburg, South Africa¹ Parenting Style as a predictor of Self-compassion among a group of adolescents</p>	<p>Leora Rifkin Chief of Possibility; Boston's Racial & Economic Activated Dialogue Defining a Positive Citizenship; Wellbeing for Emancipation</p>		
	16h00-16h30	Tea			
6	16h30 – 18h00	Launch of South African Positive Psychology Association and Africa Network for Positive Psychology			
	18h30	Conference dinner			

07 April 2018 (Saturday)				
Track	Time	Activity		
1	8h30 – 9h45	Paper presentation session 16: Positive development across the lifespan (Chair: Roos)	Paper presentation session 17: Contexts of Work and Helping (Chair: De Klerk)	Invited Round Table Discussion Students' perspectives on Positive Psychology in Africa Khomotso Khoza & Arnel Huisamen
		Liesl van der Merwe1 Janelize van der Merwe1 North-West University, South Africa1 The meaning of Dalcroze-inspired activities for older adults in residential care: a case study	Melinde Coetzee1 Anta Marx1; Prof Ingrid L. Potgieter1 University of South Africa1 A framework and measure for assessing positive coping behaviour in the South African work context	
		Vera Roos1 Jaco Hoffman1 Optentia Research Focus Area, North-West University, South Africa1 Positive Constructs of Ageing: A critical reflection	Strauss Chelius1 Mr Bouver Jonker1; Dr Marissa De Klerk1 North-West University, South Africa1 Exploring job demands and job resources of hearing-impaired employees in South Africa	
		Lizanle van Biljon1 Prof Vera Roos2 Africa Unit for Transdisciplinary Health Research (AUTHeR), North-West University, South Africa1 Institute of Psychology and Wellbeing, North-West University2 Quality of Life and Older Persons: Optimizing Formal Care	Florence A. Ochanda Joice Njeru <i>Affiliations needed</i> Relationship Between Supervisory Working Alliance And Psychological Well Being Among Counsellors I Nairobi County – Kenya	
		Augustine Nwoye University of KwaZulu-Natal, South Africa A Positive Psychological Theory of Marriage Development: An Africentric Perspective	Jane Namusoke University of Pretoria, South Africa Exploring supervisors' perspectives on clinical supervision practices that enhance trainee counsellors' wellness during internship: A case of Uganda	
	9h45 – 10h00	Delegates move between venues		
2	10h00 – 11h15	Paper presentation session 18: Diabetes and well-being (Chair: Deacon)	Paper presentation session 19: well-being in the service of health-care (Chair: Pieters)	

		<p>Elmari Deacon^{1,2} Prof Esmé van Rensburg¹; Deborah Jonker^{1,2}; Bea Mulder¹ North-West University, South Africa; Optentia Can adolescents living with well-controlled diabetes experience psychological well-being?</p>	<p>Wesley Pieters¹ Amoret van Heerden¹ University of Namibia¹ Juggling work load and resources: Exhaustion of nurses and police officers in Namibia</p>	<p>Critical Debate: Ethics in Positive Psychology research and practice</p> <p>Responsible science and impactful practice: The ethical dilemmas of Positive Psychology Itumeleng P. Khumalo & Tharina Guse</p>
	<p>Marietjie Willemse¹ Dr. Elmari Deacon¹; Prof. David Segal¹ North-West University, Vaal Triangle Campus, Optentia Research Focus Area¹ Diabetes management behaviours and meaning-making: The young adult's sense making process of living with type 1 diabetes</p>	<p>Henry Mason Tswane University of Technology Nursing students' conceptions of the meaning of work: a qualitative exploration</p>		
	<p>Christiaan Bekker^{1,2} Dr Elmari Deacon^{1,2}; Prof. David Segal² North-West University, South Africa¹; Optentia Research Focus Area² Meaning in life experienced by mothers of children living with well-controlled diabetes</p>	<p>Wesley Pieters¹ Letisha Matheus¹ University of Namibia¹ Improving general health and reducing burnout of nurses in Namibia</p>		
		<p>Petronella Benadé¹ Emmerentia du Plessis¹; Magdalena Petronella Koen¹ North-West University, School of Nursing Science, INSINQ Research Focus Area¹ Exploring resilience in nurses caring for older persons</p>		
	11-15	Delegates move between venues		
3	11h30 – 12h45	<p>Invited Round Table Discussion</p> <p>Towards an Africa(n) centred Positive Psychology: What may the future look like? Angelina Fadiji</p>	Tea and Poster session	<p>Invited In-conference workshop</p> <p>Large-scale surveys on wellbeing: Pupils' biggest megaphone ever? Hans-Henrik Knoop</p>
	12h45 – 13h00	People move between venues		
4	13h00 – 13h45	<p>Keynote address Itumeleng P Khumalo Exploring culture and well-being in Africa: Early considerations and future recommendations</p>		

	13h45 – 14h00	Closing: Lusilda Schutte
	14h00	Departure and lunch packs

Poster presentations

All posters will be displayed on poster boards throughout the entire conference.

Authors will be requested to be present at their posters in the specified time slot.

Poster title	Details of presenters	Theme
1. Executive functioning as a predictor of positive affect	Dr. Pieter Basson University of Johannesburg	Health and helping

2. Educators' experiences of the social functioning of learners in middle childhood	Soretha Beets; Izanette van Schalkwyk Sefako Makgatho Health Sciences University and North-West University	School and work context
3. What is African about African Psychology	Henry . T Chahwanda Midlands State University	Socio-ecological context
4. Strategies to empower multicultural rural women in PMTCT programmes in Zimbabwe: a community psychology approach	Rosemary Chigevenga Women's university in Africa	Health and helping
5. Relational well-being and levels of psycho-social well-being: An exploratory study	Marianne Gericke; Marié P; Wissing, Lusilda Schutte Affiliations needed	Socio-ecological context
6. Increased well-being in the aftermath of trauma: The mediating role of hope	Mildred Godji; Wilmien Human; Tharina Guse Department of Psychology, University of Johannesburg	Socio-ecological context
7. Making a Case for Girls Well Being: The Impact of Strength Based Learning in a Kenyan Primary School	Meghan Gowan; Dr Clair Fialkov 4th Year Doctoral Student in Clinical Psychology at William James College;	School and work context
8. The sources of work stress and coping resources for high school teachers in the Gauteng province within different career stages	Michelle Hopkins; Dr Rebecca Tladinyane; Prof Adriaan Viviers University of South Africa	School and work context
9. Exploring the transition from school to university: meaning-making and psychological well-being	Dr Henry Mason Tswane University of Technology	Socio-ecological context
10. Rural 'black' people and psychotherapy: An exploratory study towards Positive Psychology in mainstream psychology	Thobeka Mthembu, Sandiso Bazana Rhodes Masters Student (Psychology)	Health and helping
11. Enhancing Wellness of younger orphans and vulnerable children affected by HIV/AIDS in urban settings	Dr Linet Imbosa Muhati-Nyakundi University of Johannesburg, South Africa	Health and helping
12. Enhancing work engagement of teachers through organisational commitment, organisational justice and psychological conditions in Namibia.	Wesley Pieters; Nadia Auanga University of Namibia	School and work context
13. Hope for the future and literacy achievement in a sample of impoverished South African primary school children: A positive psychology perspective	Prof Jace Pillay University of Johannesburg	School and work context
14. Collective learning through Dalcroze-inspired activities: two choirs as communities of musical practices	Melindie Pretorius; Prof Liesel van der Merwe; North-West University	Music
15. Predictors of resilience	Dr Annerine Roos; Bavanisha Vythilingum Stellenbosch University; University of Cape Town	Socio-ecological context

16. Positive and Negative Impact of Children with Autism Spectrum Disorder on the Family	Dr Liezel Schlebusch; Shakila Dada University of Pretoria	Health and Helping
17. Ethical obligations that arise from the effects of cultural/religious practices and beliefs on the well-being of children with Autism Spectrum Disorder	Ayanda Purity Simelane Wits University	Health and helping
18. Validation of the Warwick-Edinburgh Mental Well-being Scale in a South African adult group	Salome Smith; Lusilda Schutte; Marié P. Wissing; Amanda Cromhout; Africa Unit for Transdisciplinary Health Research (AUTHeR)	Measurement
19. Construction of an alternative story based on Keirse's preferred theory: A narrative approach	Dr Marie Ubbink North-West University, Potchefstroom campus, South Africa	Health and Helping
20. Wellbeing in diverse contexts: Reflection on positive psychology and disability	Erna van der Westhuizen Africa Unit for Transdisciplinary Health Research (AUTHeR)	Socio-ecological context
21. Applying the Job Demands-Resources theory among teachers	Nicola Vermooten; Prof Johan Malan; Dr Billy Boonzaier PhD candidate, Department of Industrial Psychology ² ; Faculty of Economic and Management Sciences ³ ; Stellenbosch University ¹	School and work context
22. Exploring flow experiences of ensemble performers with Dalcroze Eurhythmics: An interpretative phenomenological analysis	Catrien Wentink North-West University (MASARA)	Music
23. Important Goals: Context matters	Christelle Liversage ¹ Prof M.P Wissing ¹ ; Dr Lusilda Schutte ¹ ; Dr Angelina Fadji ² North-West University ¹ ; HSRC Cape ²	Socio-ecological context