

## SCHEDULE AT A GLANCE: WEDNESDAY, 4 APRIL

	G23 216	G23 219	E9 Transnet
07h30 – 08h30	(Auditorium Foyer) <b>REGISTRATION FOR PRE-CONFERENCE WORKSHOPS</b>		
08h30 – 12h30	<i>Pre-Conference Workshop:</i> <b>Emerging Scientist pre-conference workshop</b> Antonella Delle Fave (Targeted at early career Positive Psychology scholars and students)	<i>Pre-Conference Workshop:</i> <b>Strategies to promote eudaimonic well-being across the life span: From childhood to older age</b> Chiara Ruini	<i>Pre-Conference Workshop:</i> <b>Promoting sustainable, global and positive peace in everyday life: The role of participatory methods for community-based programs</b> Luis Miguel Neto & Helena Marujo
12h30 – 13h30	(Alumni Hall) <b>LUNCH</b>  (Auditorium Foyer) <b>REGISTRATION FOR PRE-CONFERENCE WORKSHOPS</b>		
13h30 – 17h30	<i>Pre-Conference Workshop:</i> <b>Data analysis with Mplus: A gentle introduction</b> Ian Rothmann	<i>Pre-Conference Workshop (Applied for Ethics CEUs):</i> <b>The Psychology of “Bad”: Making ethical decisions in the presence of social forces</b> Paul Vorster	<i>Pre-Conference Workshop:</i> <b>Promoting sustainable, global and positive peace in everyday life: The role of participatory methods for community-based programs</b> Luis Miguel Neto & Helena Marujo
16h00 – 18h00	(Auditorium Foyer) <b>REGISTRATION FOR CONFERENCE</b>		
18h00 – 19h00	(Auditorium) <b>WELCOME CEREMONY</b>		
19h00 – 21h00	(Auditorium Foyer) <b>COCKTAIL FUNCTION</b>		

## SCHEDULE AT A GLANCE: THURSDAY, 5 APRIL

	Auditorium	E8 G01	E8 G34	E8 G35	E9 Transnet
08h00 – 17h00	(Auditorium Foyer) <b>REGISTRATION</b>				
08h30 – 09h15	(Auditorium) <i>Keynote address: The heuristic potential of interconnectedness models in well-being research</i> Antonella Delle Fave				
09h30 – 10h45	<i>Invited Speakers:</i> <b>1. Embracing well-being in diverse contexts: The third wave of positive psychology</b> Marié P. Wissing <b>2. A Positive Psychological theory of marriage development: An Africentric perspective</b> Augustine Nwoye	<i>Individual paper session:</i> <b>Well-being in an education and supervision context</b>	<i>Individual paper session:</i> <b>Music and well-being promotion</b>	<i>Individual paper session:</i> <b>Posttraumatic growth</b>	
10h45 – 11h15	(Auditorium Foyer & E8 Foyer) <b>TEA/COFFEE BREAK</b>				
11h15 – 12h30	<i>Invited Speakers:</i> <b>1. A biopsychosocial perspective on chronic pain in Fibromyalgia syndrome: An example of promoting well-being</b> Helgard Meyer <b>2. Constructive Journalism: How positive psychology informs global media</b> Hans Henrik Knoop	<i>Individual paper session:</i> <b>Measurement in Positive Psychology</b>	<i>Individual paper session:</i> <b>Culture and religion</b>	<i>Individual paper session:</i> <b>Resilience and grit</b>	
12h30 – 13h30	(Alumni Hall) <b>LUNCH</b>				
13h30 – 14h30	(Auditorium) <i>Keynote address: Adolescent pathways of resilience: African insights</i> Linda Theron				
14h45 – 16h00	<i>Invited speaker session:</i> <b>1. Faithful health: Constructing well-being with religious followers</b> Elias Mpofo <b>2. Collaboration for attracting large research project funding</b> Elias Mpofo	<i>Individual paper session:</i> <b>Strengths and subjective well-being</b>	<i>Individual paper session:</i> <b>Hope in diverse contexts</b>		<i>Invited round-table discussion:</i> <b>Is there a need for positive psychological intervention in Namibia?</b> Conveners: Cilas Wilders & Manfred Janik
16h00 – 16h30	(Auditorium Foyer & E8 Foyer) <b>TEA/COFFEE BREAK</b>				
16h30 – 17h45	<i>Meet-the-editor session</i> <b>Editors:</b> Antonella Delle Fave, Elias Mpofo & Anthony Pillay <b>Facilitator:</b> Marié P. Wissing				<i>In-conference workshop:</i> <b>Towards positive organisations: Essential behaviors for “Vital leadership” in diverse contexts</b> Tertia Havenga & Christelle Liversage

## SCHEDULE AT A GLANCE: FRIDAY, 6 APRIL

	Auditorium	E8 G01	E8 G34	E8 G35	E9 Transnet
08h00 – 17h00	(Auditorium Foyer) <b>REGISTRATION</b>				
08h30 – 09h15	(Auditorium) <i>Keynote address: Character strengths in the African context: Attempts at conceptualisation, operationalisation, and interventions</i> Sahaya Selvam				
09h30 – 10h45	<i>Invited speakers:</i> <b>1. Translation and validation of wellbeing assessment instruments in an African context: Issues, challenges and opportunities</b> John Bosco Chika Chukwuorji <b>2. Researching children’s subjective well-being: Considerations for method, theory and social policy</b> Shazly Savahl	<i>Individual paper session:</i> <b>Workplace engagement and flourishing</b>	<i>Individual paper session:</i> <b>Positive Psychology interventions</b>		<i>In-conference workshop:</i> <b>Solution building in South African correctional centres: Applying solution focused brief therapy with offenders</b> Jolize Joubert
10h45 – 11h15	(Auditorium Foyer & E8 Foyer) <b>TEA/COFFEE BREAK</b>				
11h15 – 12h30	<i>Invited speakers:</i> <b>1. The power of hope: Psychosocial benefits of hope across the lifespan</b> Alena Slezácková <b>2. Positive society – promoting wellbeing: A whole-of-society approach to promote health and wellbeing for all</b> Dóra Guðrún Guðmundsdóttir	<i>Ethics symposium (Applied for Ethics CEUs):</i> <b>Ethics and leadership development: A well-being promotion perspective</b>	<i>Individual paper session:</i> <b>Goals and self-regulation</b>	<i>Individual paper session:</i> <b>Well-being of youth in various contexts</b>	
12h30 – 13h30	(Alumni Hall) <b>LUNCH</b>				
13h30 – 14h30	(Auditorium) <i>Keynote address: How social ecologies facilitate resilience; Similarities and differences between Global North and Global South populations</i> Helena Marujo & Luis Miguel Neto				
14h45 – 16h00	<i>Invited in-conference workshop:</i> <b>Appreciative inquiry for positive change and development</b> Frederik Crous	<i>Individual paper session:</i> <b>Positive and successful family</b>		<i>Individual paper session:</i> <b>Measurement in Positive Psychology</b>	<i>In-conference workshop:</i> <b>The Mmogo-method®: A visual data generation tool for exploring relational and group experiences</b> Avivit Cherrington
16h00 – 16h30	(Auditorium Foyer & E8 Foyer) <b>TEA/COFFEE BREAK</b>				
16h30 – 18h00	<b>Launch of South African Positive Psychology Association and Africa Network for Positive Psychology</b>				
19h00	(Christa Galli)				

CONFERENCE DINNER (transport provided from the Auditorium)

## SCHEDULE AT A GLANCE: SATURDAY, 7 APRIL

	Auditorium	E8 G01	E8 G34	E9 Transnet
08h00 – 14h00	(Auditorium Foyer) <b>REGISTRATION</b>			
08h30 – 09h45	<i>Invited round table discussion:</i> <b>Student perspectives on Positive Psychology in Africa</b> Conveners: Khomotso Khoza & Arnel Huisamen	<i>Individual paper session:</i> <b>Positive development across the lifespan</b>	<i>Individual paper session:</i> <b>Well-being in the service of healthcare</b>	
10h00 – 11h15	<i>Ethics critical debate (Applied for Ethics CEUs):</i> <b>Ethics in Positive Psychology: Research and practice</b> Itumeleng P. Khumalo & Tharina Guse	<i>Individual paper session:</i> <b>Diabetes and well-being</b>	<i>Individual paper session:</i> <b>Context of work and helping</b>	
11h30 – 12h45	<i>Invited round table discussion:</i> <b>Towards an Africa(n) centred Positive Psychology: What may the future look like?</b> Convener: Angelina Fadji	(Auditorium Foyer) <b>Light Lunch &amp; Poster Session</b>		<i>Invited in-conference workshop:</i> <b>Large-scale surveys on wellbeing: Pupils' biggest megaphone ever?</b> Hans Henrik Knoop
12h45 – 13h15				
13h15 – 13h50	(Auditorium) <i>Keynote address:</i> <b>Exploring culture and well-being in Africa: Early considerations and future recommendations</b> Itumeleng P. Khumalo			
13h50 – 14h00	(Auditorium) <b>CLOSING CEREMONY</b>			
14h00	<b>DEPARTURE</b>			